

Author contributions

Naomi Ormskerk (NO), Maarten Kunst (MK) and Nicole Immler (NI) had the original idea for the study and developed the proposal. NO collected and analysed the qualitative data. NO wrote the first draft of the article and MK and NI contributed significantly through proof-reading and commenting on the manuscript. NO wrote all subsequent drafts of the article and MK and NI all commented on these drafts. All authors have read and approved the final manuscript.

Ethical considerations

This study was approved by the Ethics Review Board at the University of Humanistic Studies, The Netherlands (approval no. 2020-001) on June 16, 2020. The research was conducted in accordance with the relevant guidelines and regulations (Declaration of Helsinki).

Consent to participate

All participants signed an informed consent to partake in the study prior to the interview.

Consent for publication

Informed consent for publication was provided in written form by the participants.

Declaration of conflicting interest

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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Data availability

Data that support the findings of this study are available at the Archives of the Royal Netherlands Academy of Arts and Sciences (KNAW) DANS at The Hague but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the corresponding author upon reasonable request.